



CLARINS

*Expert hands.* Proven results

**CLARINS**  
PROFESSIONAL  
SPA TREATMENTS



## **EXPERTS HANDS. PROVEN RESULTS.**

Unique know-how: the professional and personalized art of Touch in our Beauty Institutes. We create professional Treatments to deliver visible results for your skin and boost your well-being.

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**TREATMENTS**  
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# 01

## OUR **EXPERT** TREATMENTS

### **BESPOKE WITH HIGH PRECISION & TECHNICAL PROWESS.**

Derived from the Professional Clarins Touch, our expert treatment protocols are ever-evolving. They target your personal needs. Our Beauty Therapists are experts in Touch who listen to all of your beauty concerns. From the choice of powerful formulas with plant extracts to individually weighted draining pressure, each treatment is created, tailored and measured just for you.

It all begins with a personalized skin analysis followed by a sensorial awakening: a haven of well-being and maximum efficacy! Immediately visible and long-lasting results.

#### **OUR EXPERT TREATMENTS** FACIAL & BODY

##### **FACIAL**

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##### **BODY**

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# OUR EXPERT TREATMENTS FACIAL

01

OUR EXPERT TREATMENTS  
FACIAL

## YOUTH EXPERT *60 min | 395 DT*

FIRMS - LIFTS - ILLUMINATES

### Clarins' iconic age-defying Treatment.

Our complete face, neck and décolleté Treatment using customized pro techniques, based on the Clarins professional method for "draining-pressure movements". Skin is treated, drained, stimulated or relaxed according to the specific needs of each face. The Clarins Facialift manual massage technique "oxygenates" the face and helps eliminate toxins. The remodelling shapes, plumps, boosts and harmonizes facial volumes and features without irritating the skin. Sculpted, as though lifted, with refined contours, the face regains its youthful glow.

91%  
say skin looks  
visibly younger<sup>1</sup>

+42%  
Lifted skin  
perceived<sup>2</sup>

BEFORE<sup>3</sup>



AFTER<sup>3</sup>



<sup>1</sup>Consumers test - 60 women - After 30 minutes of Youth Expert Treatment.

<sup>2</sup>Self-assessment - 60 women - After 30 minutes of Youth Expert Treatment.

<sup>3</sup>Clinical test - 60 women, average case after 30 minutes of Youth Expert Treatment.



**ENERGIZING FACIAL**  
**FOR MEN** *50 min* | 310 <sup>PT</sup>

**MOISTURIZES - ENERGIZES - COMFORTS**

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**The global age-defying energizing facial.**

Designed for the specific needs of men's skin which is tired, exposed to external aggressions or irritated by daily shaving.

This Treatment purifies, moisturizes, reduces the look of wrinkles and dark circles, and energizes the skin. Well-moisturized and reenergized, skin is firm, soft and feels comfortable again.

Facial features seem lifted and rested, giving the face a younger, more energized look.



OUR EXPERT  
TREATMENTS  
**BODY**

**BODY  
SILHOUETTE** 50 min | 245 DT

SMOOTHES - RESHAPES - FIRMS

**Clarins expert Touch combined with esthetic body drainage.**

This complete body treatment is based on Clarins expertise to help drain and firm. It begins with a detailed analysis that evaluates skin quality and its needs. This ensures a highly personalized experience that incorporates a selection of draining and shaping techniques. Products selected are best adapted to body shape. This personally tailored treatment sculpts, refines and instantly balances the silhouette. It promotes an instant feeling of lightness and overall body comfort. Skin is smoothed, toned and firmed.

**-11,8%**

visibility of dimples<sup>1</sup>

**-0,47 cm**

average decrease  
in thigh circumference<sup>2</sup>

<sup>1</sup>Clinical test conducted on 30 women after a 60-minute Body Silhouette Treatment.

<sup>2</sup>Clinical test: Centimetric measurement with a metric tape on the upper thighs.

Average calculated across both thighs, based on a clinical test with 30 women after a 60-minute Body Silhouette.



**MOTHER-TO-BE** 50 min | 290 DT

RELAXES - LIGHTENS - SOFTENS

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**The pampering Treatment  
for mothers-to-be<sup>1</sup>.**

Our Treatment was designed to best support mothers-to-be. A universe of well-being, it adapts to changing needs throughout pregnancy.

Using products specifically chosen for pregnant women, and an expert touch involving enveloping and relaxing movements that respect the body, it delivers a multitude of benefits, lightening the legs, moisturizing the skin and helping improve elasticity for a feeling of absolute comfort.

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<sup>1</sup>From 3-9 months of pregnancy, under medical advice.

# 02

OUR

**WELLNESS**

TREATMENTS

## **OUR WELLNESS TREATMENTS**

### **FACIAL & BODY**

#### **FACIAL**

Ultra Relaxing Aroma Facial p.9

#### **BODY**

Rebalancing Massage with Essential Oils p.10

Back, Neck & Shoulder Relief p.10

Tonic Sweet & Salty Scrub p.10

#### **FACIAL & BODY**

Sensory Escape p.11



OUR WELLNESS  
TREATMENTS  
**FACIAL**

02

OUR WELLNESS TREATMENTS  
**FACIAL**

**ULTRA RELAXING  
AROMA FACIAL** 60 min | 395 DT

RELAXES - RECONNECTS - HYDRATES

**The Clarins Touch combined with Ayurvedic massage.**

Inspired by an ancestral Indian technique known as Shirodara, our Aroma Facial for face and décolleté uses sensorial natural-origin plant oils with captivating scents. Before the Treatment, Clarins' "emotion touch" diagnosis precisely identifies facial tensions. The Treatment begins with a Sensorial Awakening, instantly taking you to the heart of Clarins Ayuroma Touch. Energy-balancing pressure movements, with a myriad of sensations, create a feeling of intense well-being. Body and mind are relaxed while facial features are smoothed and relived. Skin is moisturized, soft, radiant and comfortable. An unforgettable experience.

100%<sup>1</sup>

say features are relaxed,  
face looks less tired<sup>1</sup>

-66%

less stress perceived<sup>2</sup>

<sup>1</sup>Consumer test conducted on 92 women in France and the UK, after a 60-minute Ultra Relaxing Aroma Facial.  
<sup>2</sup>Self-scoring performed on 92 women in France and the UK, after a 60-minute Ultra Relaxing Aroma Facial.



OUR WELLNESS  
TREATMENTS  
**BODY**

02

OUR WELLNESS TREATMENTS  
**BODY**

**REBALANCING MASSAGE**

**WITH ESSENTIAL OILS** 50 min | 315 DT

BALANCES - RELAXES - OXYGENATES

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**The Clarins Touch combined  
with Tuina massage.**

Combining the benefits of essential oils with the techniques of Tuina massage, our relaxing Treatment releases tension and rebalances energies. A massage that associates the Clarins Touch with traditional Chinese medicine, the expert hands of the Beauty Therapist carry out the 6 fundamental touches to relax the entire body and improve energy circulation. The body gradually lets go for total relaxation. Oxygenated, it eliminates everything that "suffocates" it, to regain its vital breath. Energy is released. Balance and serenity are restored.

**BACK, NECK**

**& SHOULDER RELIEF** 25 min | 245 DT

RELEASES - RELAXES - ELIMINATES TENSION

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**The expert technique to relax back  
and shoulders.**

Targeted massage to release accumulated tension in the upper body. The expert technique relieves stiffness, loosens knots and recirculates energy. The sensation of well-being lasts for hours, long after the Treatment.

**TONIC SWEET**

**& SALTY SCRUB** 50 min | 235 DT

EXFOLIATES - SMOOTHES - ENERGIZES

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**The Aroma body scrub.**

Our fresh, revitalizing body scrub with rosemary, rosewood and mint essential oils, formulated with salt and sugar crystals, removes dead cells and impurities while respecting the skin's hydrolipidic film. An exfoliating Treatment that stimulates and refreshes mind and body, inducing a wonderful feeling of well-being and freshness. Skin texture is refined and skin is beautifully soft again. Sensorial and energizing.



## SENSORY ESCAPE *90 min* | 495<sup>DT</sup>

REBALANCES - REVITALIZES - ILLUMINATES

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### **The Clarins Touch combined with Lomi Lomi massage.**

A sensory escape for the face and body that takes you away from the noise of daily life. Inspired by Hawaiian Shamanic rituals, it recharges both the skin and mind during a timeless interlude.

Enveloping, fluid and rhythmic movements release tension in the face and body, restore inner balance and deep relaxation, and revive vital energy.

This new vitality comes from a combination of the expert technique and the power of Clarins oils. The face opens up and the skin regains its radiance.

Mind and body feel calmer, lighter and centred, in perfect harmony with themselves and their environment.

03

THE  
**RESIDENCE  
TUNIS  
CLARINS**  
SIGNATURE  
TREATMENTS

THE RESIDENCE TUNIS  
CLARINS  
SIGNATURE TREATMENTS

The Discovery Treatments

*30 minutes*

The Signature Treatment

*80 minutes | 120 minutes*

**Ready to glow** *30 minutes* | **285 DT**

This Treatment instantly restores a healthy glow to tired and dull complexions. The perfect synergy between an expert technique and radiance-boosting formulas helps to refresh the features, energize, moisturize and soften skin to leave it more beautiful, more luminous. You look simply radiant !

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**FACE & BODY MESSAGES****Aroma Balance Care, face and body** *80 minutes* | **480 DT**

A genuine holistic experience which gently takes you away, in synergy with the olfactory scents and powers of Clarins Oils, for the face and body. A whole well-being experience is yours. A total reconnection of the Body and Mind which oxygenates the mind and frees the circulation of energies.

**Escapade Dynamisante** *2h00* | **525 DT**

A face and body Treatment to stimulate the 5 senses and restore your vitality and energy. Nature bathes you in well-being with plant extracts. The skin is smoother, more beautiful, more supple and toned. The face is plumper and regains a more luminous, radiant look. You feel more confident in yourself and your beauty.

# OUR PROFESSIONAL EXPERTISE **IN YOUR HOME.** SPA@HOME.

## **THE CLARINS EXPERIENCE CONTINUES AFTER YOUR TREATMENT.**

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**We are always there to take care of you and illuminate your beauty.**

We are always there to take care of you and illuminate your beauty.

At Clarins, in addition to the product benefits, we have created application methods inspired by our Spa protocols.

Passing on our savoir-faire is written into our DNA.

**“For us, just formulating a product is not enough. We have to create an at home-application technique to optimize its effectiveness.”**

Jacques Courtin-Clarins

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## **CLARINS' EXCLUSIVE APPLICATION METHODS.**

Based on the study and knowledge of the skin, these expert techniques are easy to replicate at home and offer sensory pleasure during the application of your beauty rituals.

**The Clarins Touch golden rules:**

1. Warm the product in your hands.
2. Use the entire surface of your hands during application.
3. Be gentle and do not pull or move the skin.



Discover the SPA@HOME application methods inspired by the SPA technique

# FROM YOU TO US, SINCE 1954.

*“Clarins’ strenght is women.  
Clarins’ success lies in respecting and listening to clients.”  
Jacques Courtin-Clarins.*

## IT ALL BEGAN IN THE FIRST CLARINS INSTITUTE ON RUE TRONCHET, PARIS.

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It was in 1954 when **Jacques Courtin-Clarins opened this pioneering establishment** where he presented **his holistic vision of beauty: beauty, well-being and health are one and the same.** Here he encouraged a dialogue with his clients. Very happy with the tailor made solutions offered at his Institute, more and more clients came to “test” **the Clarins technique and the first 100% plant extract Oils.** The results, both immediate and long lasting, were there. And with them, success!

**This “Spa” vision, influenced from the start by the brand’s founder, continues to inspire today’s Treatments, products and techniques.**



*“I wanted to make a connection between medicine and beauty,  
between science and the cosmetic world”.*  
*Jacques Courtin-Clarins*

# OUR TREATMENTS MENU

## OUR EXPERT TREATMENTS

### FACIAL

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Youth Expert ..... 60 min - **395 DT**

**FIRMS - LIFTS - ILLUMINATES**

Energizing Facial for men ..... 50 min - **310 DT**

**MOISTURIZES - ENERGIZES - COMFORTS**

### BODY

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Body Silhouette ..... 50 min - **245 DT**

**SMOOTHES - RESHAPES - FIRM**

Mother-to-Be ..... 50 min - **290 DT**

**RELAXES - LIGHTENS - SOFTENS**

## OUR WELLNESS TREATMENTS

### FACIAL

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Ultra Relaxing Aroma Facial ..... 60 min - **395 DT**

**RELAXES - RECONNECTS - HYDRATES**

### BODY

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Rebalancing Massage With Essential Oils ..... 50 min - **315 DT**

**BALANCES - RELAXES - OXYGENATES**

Back, Neck & Shoulder Relief ..... 25 min - **245 DT**

**RELEASES - RELAXES - ELIMINATES TENSION**

Tonic Sweet & Salty Scrub ..... 50 min - **235 DT**

### FACIAL & BODY

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Sensory Escape ..... 90 min - **495 DT**

**REBALANCES - REVITALIZES - ILLUMINATES**

## THE RESIDENCE TUNIS CLARINS SIGNATURE TREATMENTS

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Ready to glow: 30 min ..... **285 DT**

Aroma Balance Care, face & body: 80 min ..... **480 DT**

Escapade Dynamisante: 2h00 ..... **425 DT**

# SPA ETIQUETTE

## APPOINTMENTS

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It is important to arrive on time for your appointment. To ensure an optimal Spa experience, please arrive at least 15 minutes before your Treatment. This allows you to prepare, relax and fully benefit from the entire Treatment. If you arrive late, the time devoted to your Treatment cannot be guaranteed.

## RESCHEDULING AND CANCELLATION

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If you reschedule or cancel your appointment, please notify us at least 24 hours in advance. Any later than this and you will be charged for the Treatment or it will be deducted from your Programme, Subscription or Gift Voucher.

## HEALTH

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Please inform us of any health problems, allergies or injuries which may interfere with the Treatment. If in doubt, please see the Doctor before you book.

## RESPECT FOR OTHERS

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The Spa is a place of peace, harmony and well-being. To fully benefit from your experience and through respect for other clients, smoking and the use of mobile phones is forbidden. Animals are not allowed in Treatment rooms.

## WHAT TO BRING

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We will provide a bathrobe, towel and slippers. Please bring your own swimwear and gym gear. Swimwear is mandatory in the Hot Seawater Pool, Hammam and Sauna. Please remove all jewellery before your visit. The center accepts no liability for any loss of valuables.

## AGE REQUIREMENTS

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The minimum age requirement access to the Spa & Thalasso is 15

## FITNESS

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Fitness is open daily from 6h00 am to 9h00 pm

## GIFT VOUCHER

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Gift for someone special. Please contact the Spa Reception team for more details

## SPA AT HOME

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Relaxation is achieved through daily practice. Your therapist will be happy to recommend a home care regimen to continue your treatment at home.

### The Residence Tunis

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