

by *Cenizaro*®

## TIME TO SPA



Time stands still at The Spa by Clarins - a luxurious retreat designed to pamper yourself with unique experiences that will immerse you into serenity and leave you revitalized. The Spa by Clarins offers a selection of blissful treatment specially designed to bring a sense of holistic wellbeing, catering to your every notion and desire.

Let our unique Clarins treatments, kissed by the charm of Maldivian hospitality, enchant you and renew your vitality and spirit for life.

Free your mind with a series of yoga classes at our extensive meditation area built upon an ocean view deck. Let the pure sea breeze and Mother Nature's soft touch take away the cares of the world and renew your spirit.

Indulge your senses at the first and only Spa by Clarins in the Maldives

spa by  
CLARINS

## SIGNATURE TREATMENTS

A selection of time-honoured massages and guest favourite treatments for a complete rejuvenation of the mind, body and soul.

### SEA SERENITY BY CLARINS

Embark on a voyage of well-being with the Clarins signature treatment for body and face created exclusively for The Residence Maldives. Awaken your senses and soothe the mind with the unique Clarins Deep Touch Massage movements using aromatic oils and plant extract honey. This massage energizes as it relaxes; toning the body and stimulating the senses. To harmonize, a revitalizing facial using Clarins Pure Melting Gel deep cleanses and through a series of Clarins “magic” touches; restores luminosity and radiance, concluding with a facial mask and natural custom blend moisturizer application.

*At Home Care: Clarins Double Serum*

**90 minutes**

For One: USD 190

For Two: USD 360

### PEACE

Incorporating a combination of massage techniques from Bali, this is the perfect remedy for stress relief. Using pressure from the fingers, elbows and palms, this treatment stimulates relaxes and rebalance your body.

**90 minutes**

For One: USD 160

For Two: USD 310

**60 minutes**

For One: USD 120

For Two: USD 220

*AVAILABLE AS AN IN-VILLA MASSAGE. ADDITIONAL SURCHARGE OF 50% APPLICABLE*

### HEAVEN

Luxuriate in a heavenly experience with a body massage that relax and energize the mind and body. This deep soothing treatment relieves sore, tired muscles with the heat from basalt stones.

**90 minutes**

For One: USD 160

For Two: USD 310

**60 minutes**

For One: USD 120

For Two: USD 220

### SOUL

Begin with a traditional Ayurvedic body massage that uses wave-like movements to cleanse and open blocked energy channels to promote deep relaxation and detoxification. A relaxing Shirodhara treatment follows where a continuous stream of warm oil flows gently across the forehead onto the third eye chakra, diffusing and melting stress from the mind with an Indian Head Massage concluding this treatment.

**90 minutes**

For One: USD 190

For Two: USD 360

*Prices are subject to 10% service charge and 12% government taxes.*

*At Home Care product recommendations are not included in the package and has to be purchased separately.*

## SIGNATURE TREATMENTS

A selection of time-honoured massages and guest favourite treatments for a complete rejuvenation of the mind, body and soul.

### HARMONY

Designed to stimulate your body's natural well-being, Thai massage techniques with delicate stretching are used to bring you to state of inner harmony and balance, improving flexibility. No oil is used and a two-piece outfit is worn.

**90 minutes**  
USD 160

**60 minutes**  
USD 120

*AVAILABLE AS AN IN-VILLA MASSAGE. ADDITIONAL SURCHARGE OF 50% APPLICABLE*

### TRANQUILLITY

A healing full body massage that uses Swedish Massage techniques with a mixture of short to long strokes focuses on tense muscles and areas of stiffness with medium to strong pressure. Feel renewed and re-energized with aches and pains and tired muscles massaged away.

**90 minutes**  
USD 160

**60 minutes**  
USD 120

*AVAILABLE AS AN IN-VILLA MASSAGE. ADDITIONAL SURCHARGE OF 50% APPLICABLE*

### RELIEF

This treatment balances the body's energy by palpating miniature pressure points on the soles of the feet.

**60 minutes**  
USD 109

**30 minutes**  
USD 65

*AVAILABLE AS AN IN-VILLA MASSAGE. ADDITIONAL SURCHARGE OF 50% APPLICABLE*

*Prices are subject to 10% service charge and 12% government taxes.*

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## CLARINS SIGNATURE FACIAL

Developed from 60 years of knowledge of the skin, these Clarins facials are even more effective and relaxing, to deliver immediate rejuvenating and well-being results, which last.

### MOISTURE QUENCHER

*Restore comfort, softness and radiance.*

Multi-level moisturization and intense nourishment for dry, weakened skin. Redness is reduced, dehydration fine lines are plumped and feelings of tightness disappear. Your skin is wonderfully soft and supple again and its vitality restored.

*At Home Care: Clarins Hydra-Essentiel Collection*

**90 minutes**

USD 190

**60 minutes**

USD 140

### CLEAR SKIN REFINER

*Purify and control shine.*

This detoxifying treatment helps to restore the balance of combination and oily skin. Impurities are gently removed, shine is reduced and pores are tightened. Your skin is clean, fresh and glowing with health.

*At Home Care: Clarins Truly Matte Collection*

**90 minutes**

USD 190

**60 minutes**

USD 140

### RADIANCE SMOOTHER

*Smooth wrinkles and protect skin from urban stress.*

For stressed skin lacking in radiance: diminish the look of fine lines and early wrinkles, reduce signs of fatigue and protect skin from external aggressions. Wrinkles are visibly smoothed and your skin appears more supple, toned and ready to resist the hectic pace of city life.

*At Home Care: Clarins Multi-Active Collection*

**90 minutes**

USD 190

**60 minutes**

USD 140

### POWER FIRMER

*Firm and visibly diminish the look of wrinkles.*

Loss of firmness? This treatment stimulates the skin's vital functions to deliver a triple rejuvenating action targeting wrinkles, firmness and elasticity. Wrinkles are smoothed, facial features are lifted, skin is firmed, and you look incredibly radiant!

*At Home Care: Clarins Extra-Firming Collection*

**90 minutes**

USD 190

**60 minutes**

USD 140

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## CLARINS SIGNATURE FACIAL

Developed from 60 years of knowledge of the skin, these Clarins facials are even more effective and relaxing, to deliver immediate rejuvenating and well-being results, which last.

### LIFTING REPLENISHER

*Replenish and boost the radiance of mature skin.*

For skin weakened by hormonal changes, the priority is skin density. This treatment smoothes the features, re-sculpts and redefines facial contours and visibly reduces the look of wrinkles and dark spots. Your skin is replenished, plumped and your complexion more radiant and luminous.

*At Home Care: Clarins Super Restorative Collection*

**90 minutes**

USD 190

**60 minutes**

USD 140

### WHITENING ACTIVATOR

*Reduce the look of pigmentation disorders and brighten the skin.*

Looking for a flawless complexion, with no dark spots? Through its dual purifying and unifying action, this treatment evens the complexion while restoring the skin's rosy, transparent glow and velvety look.

*At Home Care: Clarins Bright Plus HP Collection*

**90 minutes**

USD 190

**60 minutes**

USD 140

### SKIN BOOSTER FACIAL FOR MEN

*Fight fatigue and firm.*

A complete treatment for men's skin affected by external aggressions and irritation from shaving. It purifies, moisturizes and reduces the look of wrinkles and dark circles and energizes the skin. A scalp, neck and shoulders massage conclude the facial to bring an instant feeling of well-being.

*At Home Care: Revitalizing Gel, Anti-Fatigue Eye Serum, Line-Control Balm or Cream, Line-Control Eye Balm.*

**90 minutes**

USD 190

**60 minutes**

USD 140

*Prices are subject to 10% service charge and 12% government taxes.*

*At Home Care product recommendations are not included in the package and has to be purchased separately.*

## TRI-ACTIVE BODY TREATMENTS

Clarins has always been the body contouring and firming specialist and have designed these Body Treatments addressing every problem and every beauty concern.

### THE BODY LIFT SCULPTOR

This expert contouring treatment drains and filters while restoring a feeling of well-being and lightness. Body contours are refined: the skin becomes smoother and feels more comfortable. Finally, feel good about your body!

*At Home Care: Body Lift Cellulite Control, Body Shaping Cream, Contouring Body Treatment Oil, Super Restorative Redefining Body Care Abdomen and Waist*

**60 minutes**

USD 130

### FIRMING AGE CORRECTOR

Fabulous age-control for the body that works on skin's density, tone and elasticity. Firming and revitalizing, it helps promote firmer, more supple skin. A wonderful youth boost for your skin!

*At Home Care: Extra-Firming Body Cream or Lotion, Tonic Body Treatment Oil*

**60 minutes**

USD 130

### THE POLISHER

The high-performance body exfoliation treatment which detoxifies and purifies the skin. Its dual mechanical and biological exfoliating action leaves skin incredibly soft while also increasing its resistance.

*At Home Care: Exfoliating Body Scrub For Smooth Skin*

**45 minutes**

USD 110

*Prices are subject to 10% service charge and 12% government taxes.*

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## BODY WRAPS

Ideal treatments with essential oils to banish stress and restore well-being and harmony to body and mind. Indulgence treatments for silky skin.

### BODY WRAP RELAXING

This gentle wrap is based on green clay and essential oils. It has mineralizing action on the skin and promotes a wonderful feeling of relaxation. Skin feels silky soft and comfortable.

*At Home Care: Relax Body Treatment Oil*

**30 minutes**

USD 80

### BODY WRAP CONTOURING

A deeply purifying wrap based on red cranberry, raspberry and rice powders. Helps refine contours and leaves skin soft and firm.

*At Home Care: Contouring Body Treatment Oil*

**30 minutes**

USD 80

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## CLARINS BODY MESSAGES

Clarins Massage offers a personalized sense of well-being to help you care for yourself and stem the effects of stress and modern life. Precise, deliberate hand movements are combined with the aromatic and phytotherapeutic benefits of essential oils for a wonderfully unique experience that fully revives the senses.

### REBALANCING MASSAGE WITH ESSENTIAL OILS

This massage uses enveloping movements for an incomparable feeling of well-being. Tonic Oil issued to stimulate the body and mind or Relax Oil for a feeling of complete relaxation.

*At Home Care: Relax Body Treatment Oil, Tonic Body Treatment Oil*

90 minutes  
USD 180

60 minutes  
USD 130

*AVAILABLE AS AN IN-VILLA MASSAGE. ADDITIONAL SURCHARGE OF 50% IS APPLICABLE*

### MELTING HONEY DEEP TOUCH MASSAGE

An intense massage that uses deep pressure to relieve tension, eliminate any stiffness and release energy. These measured movements are combined with either Tonic or Relax Sweet Honey Massage Oil to prolong a feeling of well-being long after the massage is over.

*At Home Care: Relax Body Treatment Oil*

90 minutes  
USD 180

60 minutes  
USD 130

*AVAILABLE AS AN IN-VILLA MASSAGE. ADDITIONAL SURCHARGE OF 50% IS APPLICABLE*

### SPORTS MASSAGE

A great massage for the athlete in you! Before a sport activity, it promotes looser muscles and optimises muscular response. After exercise, it relieves tension and tightness and allows joints and muscles to recuperate better.

*At Home Care: Relax Body Treatment Oil, Tonic Body Treatment Oil*

90 minutes  
USD 180

60 minutes  
USD 130

*AVAILABLE AS AN IN-VILLA MASSAGE. ADDITIONAL SURCHARGE OF 50% IS APPLICABLE*

### MOTHER-TO-BE TREATMENT WITH 100% PURE PLANT OIL

Preventative treatment that prepares the body for the changes during pregnancy. It helps to prepare the skin to support the distension and prevents stretch marks. Provides comfort and well-being.

*At Home Care: Exfoliating Body Scrub for Smooth Skin, Stretch Mark Minimiser, Tonic Body Treatment Oil, Bust Care products, Energizing Emulsion for tired legs*

60 minutes  
USD 140

*Prices are subject to 10% service charge and 12% government taxes.*

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## CLARINS BODY MESSAGES

Clarins Massage offers a personalized sense of well-being to help you care for yourself and stem the effects of stress and modern life. Precise, deliberate hand movements are combined with the aromatic and phytotherapeutic benefits of essential oils for a wonderfully unique experience that fully revives the senses.

### ANTI-JET LAG STOPOVER

Frequent travellers are going to love this energy-boosting face and body treatment designed to erase all signs of fatigue linked to jet lag.

*At Home Care: Beauty Flash Balm, Energizing Emulsion, Tonic or Relax body care*

**90 minutes**  
USD 180

**60 minutes**  
USD 130

### AFTER SUN

Replenishes skin deep-down on the face and body. It optimises the benefits of the sun and helps prevent any drying effects it may cause. Ensures a beautiful-looking, long lasting tan.

*At Home Care: Clarins After Sun range*

**60 minutes**  
USD 130

*Prices are subject to 10% service charge and 12% government taxes.*

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## CLARINS SPECIFICS

Targeted treatments for every beauty concern to ensure your face and body remains flawless. A truly precise combination of expert hands and effective skin care to ensure immediate solutions for every beauty concern.

### LUMINOUS EYES

Complete eye contour treatment to decongest, smooth and freshen the entire eye zone.

**30 minutes**

USD 65

### NECK & SHOULDER RELIEF

Relaxes and removes feelings of tension that accumulate in the neck and shoulder area.

**30 minutes**

USD 65

### BACK RELIEF

A deeply relaxing treatment to relieve all feelings of tension. Immediately calms and soothes.

**30 minutes**

USD 65

### LIGHTER LEGS

A refreshing treatment that relaxes and relieves tired, heavy-feeling legs.

**30 minutes**

USD 65

### PURE

Warm virgin coconut oil infused with pure essential oils is used to massage the scalp and shoulders with eastern and western techniques. This treatment improves nourishment circulation of the hair and scalp, relieves headaches and leaves your hair glossy and healthy.

**30 minutes**

USD 65

*Prices are subject to 10% service charge and 12% government taxes.*

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## SPA JOURNEYS

The Spa by Clarins takes you on a pampering journey through a series of treatments for a complete physical, mental and spiritual renewal.

### HONEYMOON DELIGHT

A luxurious and tranquil couple indulgence to the senses in you and your loved one. The treatment begins with Foot Bath Ritual, followed by an exfoliating Clarins Body Polisher for renewed and refreshed skin. A Clarins Melting Honey Body Massage relieves stress and muscle tension and the romantic journey concludes with a Customised Facial. Enjoy a glass of sparkling wine or herbal tea at the end of the journey.

*Journey consists of:*

Foot Bath Ritual • Clarins Body Polisher • Clarins Melting Honey Body Massage  
• Customised Facial • Refreshments

**120 minutes**

For Two: USD 499

### THE RESIDENCE BLISS

Surround yourself in complete bliss! A Clarins Body Scrub will gently exfoliate your skin before continuing with the Soul Body Massage that uses Ayurvedic technics to promote deep relaxation, relieving your mind of stress and tension. A pampering foot massage completes the journey as you leave with lighter steps. A selection of herbal teas or juice served with fruits completes this blissful session.

*Journey consists of:*

Foot Bath Ritual • Clarins Body Scrub • Soul Body Massage • Relief Foot Massage •  
Refreshments

**120 minutes**

USD 229

### ANTI-STRESS RITUAL

The treatment starts with the Foot Bath Ritual followed by Clarins Relaxing Body Wrap to promote a state of relaxation. The ritual continues with a Peace Body Massage to stimulate your body's natural well-being and soothes away the stress and a Customised Mini Facial for a fresh and healthy complexion. Finished it with a therapeutic scalp massage leaving you with a sense of total well-being. Relax and take a couple of moments with an herbal tea or juice served with dates.

*Journey consists of:*

Foot Bath Ritual • Clarins Relaxing Body Wrap • Peace Body Massage • Customised Mini Facial  
• Scalp Massage • Refreshments

**120 minutes**

USD 229

*Prices are subject to 10% service charge and 12% government taxes.*

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## SPA JOURNEYS

The Spa by Clarins takes you on a pampering journey through a series of treatments for a complete physical, mental and spiritual renewal.

### SUN LOVERS

Remove impurities and dead skin cells with a thorough body exfoliation and get the skin ready for optimum absorption of the coconut oil's hydrating properties. Using Swedish massage techniques, the Tranquillity Body Massage relieves and renews tired muscles to prepare for another day out in the sun!

*Journey consists of:*

**Foot Bath Ritual • Clarins Body Polisher • Tranquillity Body Massage • Refreshments**

**120 minutes**

**USD 199**

### SPA DAY OUT

Our private spa suites offer the ultimate spa escape - a perfect choice for those seeking complete privacy to rest and relax. A series of rejuvenating treatments will leave you feeling recharged and refreshed.

*Journey consists of:*

**Foot Bath Ritual • Customised Massage • Mini Facial • Bath Ritual • Refreshments**

**120 minutes**

**USD 199**

*Prices are subject to 10% service charge and 12% government taxes.*

*At Home Care product recommendations are not included in the package and has to be purchased separately.*

## WELLNESS RETREAT

Embark on a retreat to revive your senses and relax your mind while admiring the blue azures of the Indian Ocean at The Residence Maldives.

### ONE DAY SLUMBER RETREAT

This one-day retreat begins with Foot Bath Ritual followed by soak in a luxurious bath infused with essential oils to set the tone for repose. For a complete sense of relaxation, the Rebalancing Massage with Essential Oils and prepares you for a stress-free sleep with a Shirodhara with Head Massage. The retreat concludes with Yoga Nidra chanting to promotes deep relaxation and overall well-being. Sip on warm camomile tea to end your retreat for an enchanting snooze.

*Retreat consists of:*

Foot Bath Ritual • Bath Ritual • Rebalancing Massage with Essential Oils • Shirodhara with Head Massage • Yoga Nidra • Refreshments

120 minutes

USD 229

### TWO DAY ULTIMATE BEAUTY & ANTI-AGING REJUVENATION RETREAT

This ultimate anti-aging face and body experience promotes full body and mind rejuvenation. A complete holistic approach, it prevents the effects of ageing and gives the radiating glow to you that lasts longer. Each day complemented with anti-ageing drinks.

*Retreat consists of:*

Day 1 (120-minute treatment)

Foot Bath Ritual • Firming Age Corrector • Abyangam Body Massage • Refreshments

Day 2 (100-minute treatment)

Foot Bath Ritual • Clarins Anti-Ageing Facial • Relief • Refreshments

220 minutes

USD 379

*Prices are subject to 10% service charge and 12% government taxes.*

*At Home Care product recommendations are not included in the package and has to be purchased separately.*

## WELLNESS RETREAT

Embark on a retreat to revive your senses and relax your mind while admiring the blue azures of the Indian Ocean at The Residence Maldives.

### THREE DAY DEEP-DETOX RETREAT

Nourish, detoxify and rejuvenate your body inside out. A Clarins Body Polisher to prepare the skin for the absorption of the very active detox ingredients of the Clarins The Body Lift Sculptor & Clarins Body Wrap contouring followed by an Anti-Cellulite Massage and to complete the detox journey with the Anti-Ageing facial and finish it off with the Lymphatic Massage. A selection of detox drinks or herbal tea with dates will be offered at the end of each session.

*Retreat consists of:*

Day 1 (100-minute treatment)

Foot Bath Ritual • Clarins Body Polisher • The Body Lift Sculptor • Refreshments

Day 2 (90-minute treatment)

Foot Bath Ritual • Clarins Contouring Body Wrap • Anti-Cellulite Massage • Refreshments

Day 3 (90-minute treatment)

Foot Bath Ritual • Clarins Anti-Ageing Facial • Lymphatic Massage • Refreshments

280 minutes

USD 519

*Prices are subject to 10% service charge and 12% government taxes.*

*At Home Care product recommendations are not included in the package and has to be purchased separately.*

## KIDS SPA

Children and young adults love being the centre of attention in the care of our thoughtful and indulgent spa therapies. Exclusively designed for children ages 5-13, who must be accompanied by a parent or guardian at all time.

### JUNIOR GLOW

For our junior island dwells this package consists of 50 minutes of gentle Swedish Massage and 30 minutes Mini Facial. A selection of Ice cream will be offered after the section.

**80 minutes**

USD 150

### PRINCESS

Get fairy tale-ready with a princess facial that includes a facial cleanse and back massage.

**45 minutes**

USD 70

### ROCK STAR

A gentle head massage with warm coconut oil followed by relaxing feet massage for ultimate relaxation.

**45 minutes**

USD 70

### SUPERHERO

A soothing essential oil will help your powerful superhero muscles morph back to relaxation during a neck, shoulder and hand massage.

**30 minutes**

USD 55

### MAGICAL MANICURE & PEDICURE

Decorative nail polish for little princesses

**30 minutes**

USD 40

*Prices are subject to 10% service charge and 12% government taxes.*

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## GROOMING

### SHAMPOO & BLOW DRY

60 MINUTES

USD 65

### ESSENCE (HAIR TREATMENT)

60 MINUTES

USD 80

### STYLE CUT & BLOW DRY (FOR LADIES)

60 - 75 MINUTES

USD 80

### HAIRCUT (FOR MEN/CHILDREN)

40 MINUTES

USD 40

30 MINUTES

USD 25

### HAIR STYLING

60 MINUTES

USD 60

## MAKE-UP

### BRIDAL MAKE-UP & HAIR STYLING

120 MINUTES

USD 150

### PHOTO SHOOT MAKE-UP

60 MINUTES

USD 90

## HANDS & FEET

### MANICURE

60 MINUTES

USD 70

### PEDICURE

50 -70 MINUTES

USD 90

### FILE & POLISH (HANDS OR FEET)

30 MINUTES

USD 40

*Prices are subject to 10% service charge and 12% government taxes.*

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## YOGA

Choose a yoga session that is most suitable to your needs. Maintain core strength, muscle tone and good energy levels whilst on vacation. Breathe fully and reap the therapeutic benefits in sublime surrounds.

### SUNRISE / SUNSET YOGA

Complimentary sunrise and sunset yoga classes are available to all our guests on the overwater deck at The Spa.

**60 minutes**

Complimentary

### INVIGORATING YOGA

A personalized session tailored to your body. Recommended for those who would like to address specific health issues or physical challenges. Concludes with sitting meditation to relax your mind.

**60 minutes**

USD 49

### VIGOUR YOGA

Combined with breath and particular yoga poses that target your core is a wonderful class to build up core stability as well as inner and outer strength.

**60 minutes**

USD 49

### MEDITATION

Discover the art of mindfulness and finding stillness within through the practice of meditation with a guided private session.

**60 minutes**

USD 49

### PRE-NATAL YOGA

This class offers methods to support a healthy pregnancy by using relaxation breathing exercises, and postures to strengthen and tone the body, as well as relieve tension and common aches and pains.

**60 minutes**

USD 49

### COUPLE YOGA

With a partner, you can learn how to practice postures in a whole new way. Join this class and have fun learning about your own practice by helping someone else with theirs

**60 minutes**

USD 49

*Prices are subject to 10% service charge and 12% government taxes.  
Available as private In-Villa Yoga sessions and an additional surcharge of 50% will apply.*

## FITNESS

Choose a fitness session that is most suitable to your needs. Maintain core strength, muscle tone and good energy levels whilst on vacation. Breathe fully and reap the therapeutic benefits in sublime surrounds.

### PERSONAL FITNESS TRAINING

Customise training with the fitness trainer who will design a unique program for your needs and objectives according to your fitness level. The session starts with a fitness consultation, followed by a customised program of specific exercises to suit your needs.

**60 minutes**

USD 39 per session

### FITNESS ENHANCEMENTS

Our 30-minute sessions target specific areas using advanced techniques to achieve your personal goals.

*Sessions available: -*

- Assisted Stretching
- HIIT Cardio Session
- Focus On Abs, Legs & Bums
- Aqua Yoga
- Beach Workout
- Core Yoga

**30 minutes**

USD 25 per session

### FABULOUSLY FIT BODY MAKEOVER

This package was designed for guests that are looking for the total health, body, and mind experience. To flaunt a flawless bikini ready body, finish with an indulgent body treatment.

*Package includes:*

- Biological Impedance Analysis (Health Assessment)
- 60 min Fat Burn Session
- 60 min Body Lift Sculptor and followed by 60 min sports massage

**180 minutes**

USD 259

## HOW TO SPA

### SPA AND FITNESS OPENING HOURS

Spa by Clarins: 9:30am to 8:00pm

Fitness Centre: 6.00am to 8.30pm

#### *How do I make a Spa Reservation?*

We strongly recommend that you book your Spa treatments well in advance to avoid disappointments. Reservations can be made in person or by dialling 503.

#### *What time should I arrive for my treatment?*

Please arrive at the Spa a minimum of 15 minutes before your scheduled appointment time - this allows you time to fill out your consultation form, enjoy the ambience and start the relaxation process before your treatment begins.

#### *What happens if I need to cancel my treatment?*

If you would like to reschedule or cancel your booking, you can do so at any time subject to providing a minimum of 12 hours' notice. If a cancellation is made less than 12 hours prior to your appointment time, a 50% charge will apply. If there is no notice provided, a full charge will be made for the services reserved.

#### *What happens if I am late for my appointment?*

As a courtesy to all our guests, a prompt appointment schedule is adhered to. Late appointments may not be honoured if there is a treatment booked immediately after and will be charged the cancellation fee.

#### *What medical or physical concerns do I need to tell the therapist?*

All first-timers need to fill out a consultation form prior to their treatment. This is to provide you with the best possible experience and to assure your maximum safety and comfort.

#### *How should I prepare for my Spa treatment?*

Please shower off any oils and suntan creams prior to your treatment to allow better absorption of the products applied.

#### *What do I need to wear?*

There is no need to bring or wear any special clothing, as Spa wear is provided. Disposable underwear is provided for body treatments.

#### *I am male - should I shave before my Spa treatment?*

For men, we recommend shaving prior to having a facial for maximum comfort and benefit to the skin.

#### *I am pregnant – what treatments do you recommend?*

Our Spa therapists will guide you in selecting the treatment best defined for you during this special time. We do not recommend full body massage in the first trimester of pregnancy and also advise limited body treatments throughout the term of pregnancy

#### *What is the minimum age requirement?*

Spa guests must be 14 years and over to enjoy a treatment at The Spa without supervision. Younger guests from ages 5 to 13 need to be accompanied by a parent or guardian to enjoy the selected kids treatments.

**NIGHT SPA: ENJOY OUR NIGHT SPA EXPERIENCE AT SPA BY CLARINS FROM 8.00PM TO 11.00PM ARE SUBJECT TO AN ADDITIONAL 25% CHARGE.**

**NOTE: PRICES AND TREATMENTS ARE SUBJECT TO CHANGE WITHOUT NOTICE. PRICES ARE SUBJECT TO 10% SERVICE CHARGE PLUS 12% GOVERNMENT TAX.**