

THE RESIDENCE  
MALDIVES  
Dhigurah

by *Cenizaro*

# Nature Through Dhigurah

*Festive Programme 2020/2021*





# Festive Greetings

A very warm welcome to The Residence Maldives at Dhigurah  
at this special time of the year.

Being on a lush island surrounded by endless blues, we celebrate Mother Nature around us. A multitude of celebrations and numerous activities are designed for you and your loved ones to enjoy and relish in.

We sincerely hope that you spend a memorable holiday with us and make memories which you will cherish for years to come.

Kindly take a moment to familiarize yourself with the programme so that you can make the most out of our festive season.

On behalf of all the team, we wish you a harmonious Merry Christmas  
and a prosperous New Year.

**M Sundaram**  
General Manager

**\$ denotes activities with an additional supplement charge**

# DINE WITH US

Dine with us whilst listening to the soothing sounds of waves and gazing at the endless blues of the Indian Ocean. Savor the freshness of our plates while being immersed in the recesses of our lush island paradise.



## THE DINING ROOM

A relaxed setting for dining at one with nature. Savour an abundant variety of international flavors in mouthwatering breakfast, lunch and dinner buffets, including Asian and Indian Ocean specialties

### Opening Hours

Breakfast: 07:00 am to 10:30 am

Lunch: 12:30 pm to 03:00 pm

Dinner: 07:00 pm to 10:30 pm



## CAFÉ DEL SOL

Pair your relaxation at the pool's edge with refreshing selections of burgers, pizzas, pastas and tapas bursting with fresh Mediterranean flavours.

### Opening Hours

Lunch: 12:00pm to 04:00pm

Tapas: 04:00pm to 10:00pm



## LI BAI

Named after the famous Tang Dynasty Poet, Li Bai offers modern interpretations of exquisite Cantonese fare surrounded by the serenity of a lush garden setting,

### Opening Hours

Lunch: 12:30 pm to 03:00 pm

Dinner: 07:00 pm to 10:30 pm

Reservations are required.



### **EARTH BASKET**

Savor freshly picked vegetables cooked on the spot from our organic garden, the Earth Basket. Embark on a gastronomic journey full of nature's freshness.



### **THE BEACH CLUB**

Encompassing the pool, The Beach Club is the place to chill out. Enjoy drinks served at your sunbed, lunch or dinner by the pool, or cocktails beneath a romantic sunset as the house DJ provides the soundtrack for winding down.

#### Opening Hours

Pool: 7.00am to 7.00pm

Bar: 10.00pm till late



### **LONG ISLAND**

Located next to Li Bai restaurant, Long Island is a perfect spot for enjoying an aperitif before dinner or watching the sunset over the horizon with one of our signature cocktails.

#### Opening Hours

Sunset: 05.00pm to 10.30pm

# RELAX WITH US

Indulge your senses while being cocooned in the only Spa by Clarins in the Maldives. Unwind to the soothing sounds of waves in our overwater spa pavilions and experience ultimate relaxation under the skilled hands of our experienced massage therapists.



## REFLEXOLOGY GARDEN

Practiced for thousands of years in Asia, foot reflexology and acupressure for the soles of the feet help to promote health and well-being such as enhancing digestion, improving balance, pain relief and stress reduction.

Daily walks on this path will massage the various points on the feet by stimulating the feet's reflexology points where different point co-relates to a different body parts.



## YOGA

Free your mind with a series of yoga classes at our extensive meditation area set within luscious green gardens. Let the pure sea breeze and Mother Nature's soft touch take away the cares of the world and renew your spirit.

Complimentary Sunrise Yoga: 06:00 am

Complimentary Sunset Yoga: 06:00 pm

Reservations are required.



## THE FITNESS CENTRE

Maintain fitness levels at The Fitness Centre whilst on vacation. Breathe in the fresh, crisp air and reap the therapeutic benefits in sublime surrounds.

### Opening Hours:

06:00 am to 08:30 pm

Reservations are required.



## FESTIVE PROMOTION

# MINDFULNESS JOURNEY

“Mindfulness” can be defined as the practice of being aware of your body, mind, and feelings in the present moment, thought to create a feeling of calm.

Embark on your journey to inner peace by beginning with a soothing session of Pranayama & Meditation. This followed by a 30-minute Organic Coconut Body Scrub to refresh and exfoliate your skin. Relish in a 60-minute Body Massage using a blend of organic coconut and essential oils to relief tensed and tired aching muscles. A freshly prepared tea made of organic herbs grown in our Herbal Garden is served at the end of your treatment.

120 minute treatment includes:

**Pranayama & Meditation | Foot Ritual | 30-minute Organic Coconut Body Scrub  
60-minute Body Massage | Refreshments**

**USD 229 per person**

#### Terms & Conditions

Prices are subject to 10% service charge & 12% government tax

Promotion valid from now until 31 January 2021

Not valid with any other promotions and/or discounts

**For reservations or enquiries, please contact the Spa By Clarins at ext 798  
Alternatively, you may contact the reception**

# PLAY WITH US

Witness the beauty of our rich marine life with our Dive Centre. Get a rush of adrenaline with the adventurous activities of our Water Sports Centre. Our little guests also have a multitude of fun and interactive activities designed for them at our Turtle Kids Club.



## **THE DIVE CENTRE**

Offering some of the best and most remote diving in one of the world's largest and deepest atoll, the resort's own PADI 5\* Dive Centre offers a variety of courses and certifications. Discover the deep blue and its inhabitants.

### Opening Hours:

08:00 am to 12:00 pm

01:30 pm to 05:30 pm



## **WATER SPORTS CENTRE**

Complimentary non-motorised water sport activities offered include sailing, kayaking, windsurfing and snorkelling. Windsurfing and catamaran sailing lessons are available for beginners at a fee. Motorised activities such as jet-ski, wake boarding, banana boat and fun tube rides are also available at a fee.

### Opening Hours:

08:30 am to 05:30 pm



## **TURTLE KIDS CLUB**

For children 3 to 12 years of age, engaging activities designed by the team to our young guests' holiday fulfilling and entertained. Baby sitting services are available at an additional cost.

### Opening Hours

09:00 am to 06:00 pm

# Banana Leaf

WEDNESDAY, 23 DECEMBER 2020

## TIME

06:00 am – 07:00 am

07:30 am – 08:00 am



10:00 am – 11:00 am

11:00 am – 12:30 pm

02:00 pm – 04:00 pm

04:00 pm – 05:30 pm

04:00 pm – 04:30 pm

06:00 pm – 07:00 pm

06:30 pm – 10:30 pm

## ACTIVITY

Sunrise Yoga

**Aqua Fitness with Float \$**

Gaze at the unending blues of the Indian Ocean whilst doing yoga on a float in our infinity pool lulled by the soothing sounds of waves.

*Reservations required. USD 30++ per person.*

*Complimented by a healthy organic juice*

Christmas Card for Mom & Dad

Welcome in the Fairy

Santa Photo Booth

Christmas Tree Decoration

Fitness Enhancements \$

Sunset Yoga

**Movie Night**

Chill on the beach with a bowl of popcorn enjoying old-time favourite and classic movies. First screening at 06:30 pm, for both the young and young at heart and the next screening at 08:00 pm. Admission is free.

07:00 pm – 10:30 pm **Asian Night**

Beginning this festive season have a magical evening on a feast of Asian flavours filled with an explosion of different aromas.

## LOCATION

The Spa by Clarins

**The Beach Club**

Turtle Kids Club

Turtle Kids Club

Turtle Kids Club

Turtle Kids Club

The Fitness Centre

The Spa by Clarins

**Café Del Sol**

**The Dining Room**

# Coconut

THURSDAY, 24 DECEMBER 2020

TIME	ACTIVITY	LOCATION
06:00 am – 07:00 am	Sunrise Yoga	The Spa by Clarins
07:30 am – 08:00 am	Aqua Fitness with Float \$	The Beach Club
10:00 am – 11:00 am	Christmas Nature Craft	Turtle Kids Club
11:00 am – 12:00 pm	Pin the Nose on Rudolph	Turtle Kids Club
12:00 pm – 01:00 pm	Sock Snowman	Turtle Kids Club
02:00 pm – 04:30 pm	Christmas Party	Turtle Kids Club
04:00 pm – 05:00 pm	Invigorating Yoga \$	The Spa by Clarins
06:00 pm – 07:00 pm	Sunset Yoga	The Spa by Clarins
<b>06:30 pm – 07:30 pm</b>	<b>Management Cocktail</b>	<b>Castaway Island</b> Wet Weather: The Beach Club
<b>07:30 pm – 10:30 pm</b>	<b>Christmas Eve Gala Dinner</b>	<b>The Dining Room</b>
<b>10:00 pm onwards</b>	<b>Christmas DJ Party</b>	<b>Castaway Island</b> Wet Weather: The Beach Club



## MANAGEMENT COCKTAIL

The Management invites you to an evening of exotic cocktails on the beach. A perfect start to the evening.

## CHRISTMAS EVE GALA DINNER

The mesmerising scent of Christmas pine trees fills the air and indulge in a joyous feast.

## CHRISTMAS DJ PARTY

Dance the night away to electronic beats on the beach.

# Island Craft

FRIDAY, 25 DECEMBER 2020

## TIME

06:00 am – 07:00 am

07:30 am – 08:00 am



## ACTIVITY

Sunrise Yoga

**Aqua Fitness with Float \$**

Gaze at the unending blues of the Indian Ocean whilst doing yoga on a float in our infinity pool lulled by the soothing sounds of waves.

*Reservations required. USD 30++ per person.*

*Complimented by a healthy organic juice*

## LOCATION

The Spa by Clarins

**The Beach Club**

10:00 am – 11:00 am

11:00 am – 01:00 pm

02:00 pm – 03:00 pm

03:00 pm – 04:00 pm

04:00 pm – 05:30 pm

**04:00 pm – 04:30 pm**

Coconut Painting

Snowman Cookie Making

Nature Colours

Christmas Movie

Kids Sandcastle Building

**Fitness Enhancements \$**

Turtle Kids Club

The Pastry Kitchen

Turtle Kids Club

Turtle Kids Club

Castaway Island

**The Fitness Centre**

Target specific areas using advanced techniques to achieve your personal goals with our fitness instructor.

*Reservations required. USD 25++ per person.*

06:00 pm – 07:00 pm

**07:00 pm – 10:30 pm**

Sunset Yoga

**Red Carpet Wine Dinner \$**

The Spa by Clarins

**Li Bai**

Savor exquisite Cantonese cuisine paired with a selection of the most refined wines. A perfect dinner date to celebrate Christmas. Day.

*Reservations required. USD 110++ per person.*

*Supplement of USD 40++ per person for guests on dinner included meal plans.*



# Coconut Shell

SATURDAY, 26 DECEMBER 2020

TIME	ACTIVITY	LOCATION
06:00 am – 07:00 am	Sunrise Yoga	The Spa by Clarins
07:30 am – 08:00 am	Aqua Fitness with Float \$	The Beach Club
10:00 am – 11:00 am	Water Balloon Piñata	Turtle Kids Club
11:00 am – 01:00 pm	Maldivian Story Telling	Turtle Kids Club
02:00 pm – 03:00 pm	Pictionary	Turtle Kids Club
03:00 pm – 04:00 pm	T-Shirt Painting	Turtle Kids Club
04:00 pm – 05:30 pm	Water Balloon Toss	Turtle Kids Club
04:00 pm – 05:00 pm	Vigour Yoga \$	The Spa by Clarins



Build up your core stability and strength with a set of combined yoga poses which targets your core muscles.

*Reservations required. USD 49++ per person.*

06:00 pm – 07:00 pm	Sunset Yoga	The Spa by Clarins
07:00 pm – 10:30 pm	Seafood BBQ \$	Café Del Sol

Savour pipping hot grilled lobsters and fishes under a starry sky whilst listening to the sounds of waves and feeling the fresh ocean breeze.

*Reservations required. USD 110++ per person.*

*Supplement of USD 40++ per person for guests on dinner included meal plans.*



# Palm Leaf

SUNDAY, 27 DECEMBER 2020

## TIME

06:00 am – 07:00 am

07:30 am – 08:00 am



## ACTIVITY

Sunrise Yoga

**Aqua Fitness with Float \$ The Beach Club**

Gaze at the unending blues of the Indian Ocean whilst doing yoga on a float in our infinity pool lulled by the soothing sounds of waves.

*Reservations required. USD 30++ per person.*

*Complimented by a healthy organic juice*

11:00 am – 12:00 pm

Little Chef's Cupcake Making

The Pastry Kitchen

12:00 pm – 01:00 pm

Little Artist

Turtle Kids Club

02:00 pm – 03:00 pm

Eat the Donut

Turtle Kids Club

03:00 pm – 05:30 pm

Shells Accessory Making

Turtle Kids Club

04:00 pm – 04:30 pm

**Fitness Enhancements \$**

**The Fitness Centre**

Target specific areas using advanced techniques to achieve your personal goals with our fitness instructor.

*Reservations required. USD 25++ per person.*

06:00 pm – 07:00 pm

Sunset Yoga

The Spa by Clarins

07:00 pm – 10:30 pm

**Arabic Dinner**

**The Dining Room**

Titillate your taste buds with exquisite Arabic foods which will make you reminiscent of the flavours of the Middle East.

# Marigold

MONDAY, 28 DECEMBER 2020

TIME	ACTIVITY	LOCATION
06:00 am – 07:00 am	Sunrise Yoga	The Spa by Clarins
07:30 am – 08:00 am	<b>Aqua Fitness with Float \$</b>	<b>The Beach Club</b>
	Gaze at the unending blues of the Indian Ocean whilst doing yoga on a float in our infinity pool lulled by the soothing sounds of waves. <i>Reservations required. USD 30++ per person. Complimented by a healthy organic juice</i>	
10:00 am – 11:30 pm	Crafting with Spices	Turtle Kids Club
11:30 pm – 13:00 pm	Pizza Making	The Pastry Kitchen
02:00 pm – 03:00 pm	Nature Discovery Trail	Turtle Kids Club
03:00 pm – 05:30 pm	Balloon Cup	Turtle Kids Club
04:00 pm – 05:00 pm	Invigorating Yoga \$	The Spa by Clarins
06:00 pm – 07:00 pm	Sunset Yoga	The Spa by Clarins
<b>06:00 pm – 10:30 pm</b>	<b>Movie Night</b>	<b>Café Del Sol</b>

Chill on the beach with a bowl of popcorn enjoying old-time favourite and classic movies. First screening at 06:30 pm, for both the young and young at heart and the next screening at 08:00 pm. Admission is free.

**07:00 pm – 10:30 pm Japanese Night** **The Dining Room**

Discover a plethora of dishes from the land of the rising sun. It'll make you say "Oishii" which means delicious in Japanese!

# Screw Pine

TUESDAY, 29 DECEMBER 2020

TIME	ACTIVITY	LOCATION
06:00 am – 07:00 am	Sunrise Yoga	The Spa by Clarins
07:30 am – 08:00 am	Aqua Fitness with Float \$	The Beach Club
10:00 am – 11:00 am	Magnetic Seashells	Turtle Kids Club
11:00 am – 12:00 pm	Dhivehi Lesson	Turtle Kids Club
12:00 pm – 01:00 pm	Bird Feeder Making	Turtle Kids Club
02:00 pm – 03:00 pm	Kite Making	Turtle Kids Club
03:00 pm – 5:30 pm	Beach Picnic	Turtle Kids Club
<b>04:00 pm – 04:30 pm</b>	<b>Fitness Enhancements \$</b>	<b>The Fitness Centre</b>
Target specific areas using advanced techniques to achieve your personal goals with our fitness instructor. <i>Reservations required. USD 25++ per person.</i>		
06:00 pm – 07:00 pm	Sunset Yoga	The Spa by Clarins
<b>07:00 pm – 10:30 pm</b>	<b>Meat BBQ \$</b>	<b>Café Del Sol</b>



Ocean breezes bring the aromas of freshly grilled meats as you dine under the starry Maldivian sky.

*Reservations required. USD 110++ per person. Supplement of USD 40++ per person for guests on dinner included meal plans.*

# Amaranth

WEDNESDAY, 30 DECEMBER 2020

TIME	ACTIVITY	LOCATION
06:00 am – 07:00 am	Sunrise Yoga	The Spa by Clarins
07:30 am – 08:00 am	Aqua Fitness with Float \$	The Beach Club



Gaze at the unending blues of the Indian Ocean whilst doing yoga on a float in our infinity pool lulled by the soothing sounds of waves.

*Reservations required. USD 30++ per person.  
Complimented by a healthy organic juice*

10:00 am – 1:00 pm	Mini Olympics	Turtle Kids Club
02:00 pm – 04:00 pm	Mini Rocks Arts	Turtle Kids Club
04:00 pm – 05:30 pm	Penguin Waddle Race	Turtle Kids Club
04:00 pm – 04:30 pm	Fitness Enhancements \$	The Fitness Centre

Target specific areas using advanced techniques to achieve your personal goals with our fitness instructor.

*Reservations required. USD 25++ per person.*

06:00 pm – 07:00 pm	Sunset Yoga	The Spa by Clarins
07:00 pm – 10:30 pm	Garden to Table Dinner \$	Earth Table

Enjoy a 5-course dinner menu made with fresh organic vegetables grown at our Earth Basket

*Reservations required. USD 110++ per person.  
Supplement of USD 40++ per person for guests on dinner  
included meal plans.*



# Drift Wood

**THURSDAY, 31 DECEMBER 2020**

<b>TIME</b>	<b>ACTIVITY</b>	<b>LOCATION</b>
06:00 am – 07:00 am	Sunrise Yoga	The Spa by Clarins
07:30 am – 08:00 am	Aqua Fitness with Float \$	The Beach Club
10:00 am – 01:00 pm	Long Island Treasure Hunt	Turtle Kids Club
02:00 pm – 05:30 pm	Kid's New Years Party	Turtle Kids Club
04:00 pm – 05:00 pm	Invigorating Yoga \$	The Spa by Clarins
06:00 pm – 07:00 pm	Sunset Yoga	The Spa by Clarins
<b>06:00 pm – 07:30 pm</b>	<b>Management Cocktail</b>	<b>Castaway Island</b> Wet Weather: The Beach Club
<b>08:00 pm – 10:30 pm</b>	<b>New Year Eve Gala Dinner</b>	<b>The Dining Room</b>
<b>10:00 pm onwards</b>	<b>New Year Countdown Party</b>	<b>Castaway Island</b> Wet Weather: The Beach Club

## **MANAGEMENT COCKTAIL**

The Management invites you to an evening of exotic cocktails on the beach. A perfect start to the evening.

## **NEW YEAR EVE GALA DINNER**

The year culminates into this grand royal feast. An evening of pomp and splendor as the aromas of divine cuisines fills the air.

## **NEW YEAR COUNTDOWN PARTY**

Join us in ushering 2021 as we party and dance the night away and fireworks light up the night sky to signal the start of a new year.



# Banana Leaf

FRIDAY, 1 JANUARY 2021

## TIME

## ACTIVITY

## LOCATION

06:00 am – 07:00 am

Sunrise Yoga

The Spa by Clarins

07:30 am – 08:00 am

**Aqua Fitness with Float \$**

**The Beach Club**



Gaze at the unending blues of the Indian Ocean whilst doing yoga on a float in our infinity pool lulled by the soothing sounds of waves.

*Reservations required. USD 30++ per person.*

*Complimented by a healthy organic juice*

10:00 am– 11:00 am

Once Upon a Time Storytelling

Turtle Kids Club

11:00 am– 12:00 pm

Coconut Molkky

Turtle Kids Club

12:00 pm– 1:00 pm

Twister Game

Turtle Kids Club

02:00 pm– 03:00 pm

You Laugh You Lose

Turtle Kids Club

03:00 pm– 05:30 pm

Nature Scavenger Hunt

Turtle Kids Club

04:00 pm– 04:30 pm

Fitness Enhancements \$

The Fitness Centre

06:00 pm– 07:00 pm

Sunset Yoga

The Spa by Clarins

06:30 pm – 10:30 pm

**Movie Night**

**Café Del Sol**

Chill on the beach with a bowl of popcorn enjoying old-time favourite and classic movies. First screening at 06:30 pm, for both the young and young at heart and the next screening at 08:00 pm. Admission is free.

07:00 pm – 10:30 pm

**Asian Night**

**The Dining Room**

Beginning this festive season have a magical evening on a feast of Asian flavours filled with an explosion of different aromas.

# Coconut Shell

SATURDAY, 2 JANUARY 2021

## TIME

06:00 am – 07:00 am

07:30 am – 08:00 am

10:00 am – 12:00 pm

12:00 pm – 1:00 pm

02:00 pm – 04:00 pm

04:00 pm – 05:30 pm

04:00 pm – 05:00 pm

## ACTIVITY

Sunrise Yoga

Aqua Fitness with Float \$

Ping Pong Competition

Recycle Fun Crafts

Turtle Box Office

Sand Bottle Art

Vigour Yoga \$

## LOCATION

The Spa by Clarins

The Beach Club

Turtle Kids Club

Turtle Kids Club

Turtle Kids Club

Turtle Kids Club

The Spa by Clarins



Build up your core stability and strength with a set of combined yoga poses which targets your core muscles.

*Reservations required. USD 49++ per person.*

06:00 pm – 07:00 pm

Sunset Yoga

The Spa by Clarins

07:00 pm – 10:30 pm

Seafood BBQ \$

Café Del Sol

Savour pipping hot grilled lobsters and fishes under a starry sky whilst listening to the sounds of waves and feeling the fresh ocean breeze.

*Reservations required. USD 110++ per person.*

*Supplement of USD 40++ per person for guests on dinner included meal plans.*



**THE RESIDENCE MALDIVES AT DHIGURAH**

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