



THE RESIDENCE
MALDIVES

by *Cenizaro*

Tropical Wonder Island

FESTIVE BROCHURE

2024-2025





Let the flickering waters of the Indian Ocean dance in your mind as you slip into an intensely mellow, exciting and joyful moment while you celebrate the festive season with us at
THE RESIDENCE MALDIVES.



** denotes activities with additional supplement charge.
The resort's festive events programme is subject to change*



FESTIVE GREETINGS!

As we prepare to celebrate the festive season, we are filled with joy and anticipation for the wonderful experiences that lie ahead. It is my great pleasure to welcome you to our twin resorts – Dhigurah & Falhumaafushi, where we have crafted a series of enchanting activities and an odyssey of extravagant dining experience that promise to create lasting memories for you and your loved ones.

This year, we have designed a special festive program with the theme of “Tropical Wonder Island,” blending the magic of the season with the natural beauty and serenity of our tropical paradise. We invite you to join us in celebrating this joyous time of year, sharing in the warmth and wonder that the season brings.

Thank you for choosing to spend this special time with us. On behalf of all the team wishing you and your family a magical festive season and a prosperous New Year!

Meenakshi Sundaram
General Manager

spa by CLARINS

Treat yourself to total bliss at the Spa by Clarins this festive season with our exclusive festive tropical offer. Your journey begins foot rituals followed by locally grown coconut scrub that revitalizes and refreshes your skin. Continue with a customized massage featuring our unique coconut shells and nourishing coconut oils, designed to target areas of tension and bring relief to tired, aching muscles.

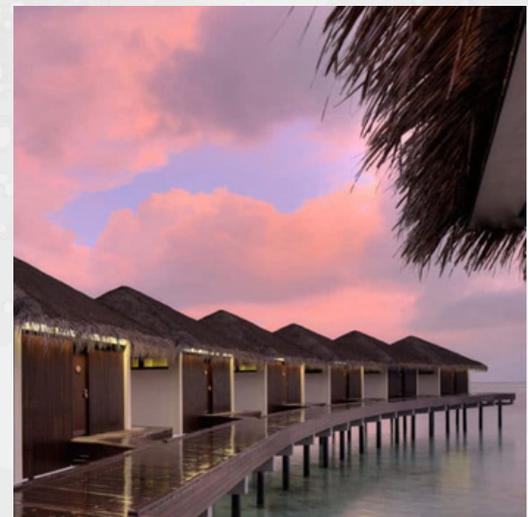
To complete your experience, enjoy a cup of freshly prepared tea made from organic herbs grown in our Herbal Garden.

For One : USD 199++

For Two : USD 359++

90 minute treatment includes:

Foot Ritual | Scrub | Customized Massage | Refreshment



Terms & Conditions

Prices are subject to 10% service charge & 16% government tax.

Promotion valid from now until 31 January 2025.

Not valid with any other promotions and/or discounts

For reservations or enquiries, please contact the Spa By Clarins at Ext 798/503.

Alternatively, you may contact the reception

spa by
CLARINS

DAILY ACTIVITIES

21st December 2024 - 2nd January 2025

Sunrise Yoga

Awaken your senses with serene sunrise yoga, where each pose greets the dawn in harmony with nature.

6am- 7am | Dhigurah Spa & Falhumaafushi Spa

Aqua Yoga with Float

Experience weightless relaxation with Aqua Yoga on a float, blending gentle movement with the soothing embrace of water.

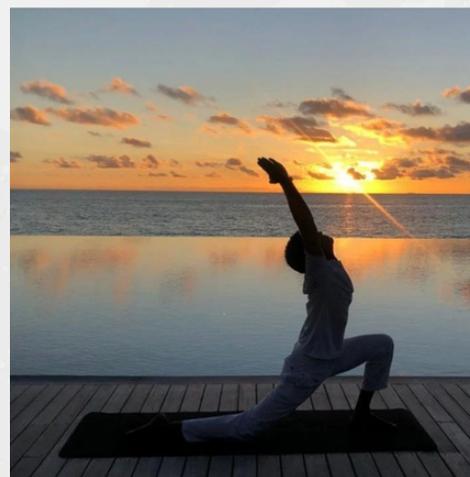
7.30am - 8am (\$25++/person) | Dhigurah Main Pool

Prices are subject to 10% service charge & 16% government tax.

Sunset Yoga

Unwind and find balance as the sun sets with calming yoga, embracing the peaceful close of the day.

6pm- 7pm | Dhigurah Spa| Falhumaafushi Spa



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spa by
CLARINS

MASTERING WELLNESS CHI NEI TSANG & HEALING ARTS BY MARIKO NAKAKI

A month of wellness celebration !



Surrounded by the vivid blues of the Indian ocean, The Residence Maldives is the perfect location to refresh and rewind. Start each day with a complimentary yoga class for all guests on the overwater deck at Falhumaafushi or on the yoga pavilion at Dhigurah.

After improving your physical strength and flexibility, unwind with renowned Japanese practitioner Mariko Nakaki. Visiting from 17th December 2024 until 14th January 2025, Mariko is a holistic therapist. Her journey as a therapist started in 2004 while she was traveling in India. During her time in India she learned about Ayurveda, meditation and wanted to keep learning. Upon returning home to Japan she found employment at a spa and started honing her therapeutic skills.

The thirst for further learning led her to move to Thailand to work at the world renowned Chiva-Som International Health Resort. Ms. Nakaki will be sharing her holistic Chi Neng Tsai treatments and energising meditations. If it's relaxation you're after, indulge your senses in the first and only Spa by Clarins in The Maldives offering blissful spa treatments. The luxurious experience will leave you feeling completely renewed.

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spa by
CLARINS

MASTERING WELLNESS **CHI NEI TSANG & HEALING ARTS BY MARIKO NAKAKI**

Treatment Menu

CHI NEI TSANG & BODY WORKS

Chi Nei Tsang (CNT) is an ancient Chinese Taoist therapy that focuses on the trunk and the internal organs. These organs are deeply affected by our diets, environment, and stresses of daily life, relationships, emotion and even thoughts. These organs function on physical levels as well as spiritual and emotional levels. Due to our energy centre (“Tan Tien”) and internal organs being located in the center of our body, working on the trunk effects all of the bodies systems including digestive, respiratory, endocrine, lymphatic, cardiovascular, nervous, urinary, muscular-skeletal, and reproductive systems.

By combining CNT with physical bodywork, we can achieve total body healing, starting from our core and working our way out to the extremities. Physical treatment techniques include cranio-sacral therapy, myofascial release and energy healing. The combination of these therapeutic techniques allows us to narrow or broaden our treatment focus for optimal results.

After a CNT & Bodywork treatment you should feel clear, recharged grounded and energized. Both inside and out. Recommended to have 2 sessions for healing deep and maintain good condition.

120 Minutes | USD 299 Per person++

90 Minutes | USD 239 Per person++

CHAKRA CLEARING MEDITATION

This is personalized guided meditation. With a guide, you’ll clear chakra one by one. This meditation brings you to a deeper healing state and supports you to feel and clear your chakra, the energy centre of your body system.

60 Minutes | USD 89 Per person++

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MASTERING WELLNESS
CHI NEI TSANG & HEALING ARTS BY MARIKO NAKAKI

Treatment Menu
REFLEXOLOGY

We have specific points in our feet that connect with our bodies. These points connect to our muscles, skeletons and internal organs. By manipulating these points we can influence our whole body. Reflexology can help improve circulation, lymphatic flow, enhance energy flow and achieve deeper relaxation.

60 Minutes | USD 170 Per person++

UNIVERSAL ENERGY HEALING

By connecting with universal healing energy through hands, healing energy flows inside of your energy field where it is needed on the physical, emotional, or spiritual layer. It can clear negative emotions, physical tension and limitations, stress, thoughts and memories. After the session, you should feel safe, and delighted, and a profound connection with yourself deeply, receiving love and light from the universe and yourself within.

60 Minutes | USD 170 Per person++

LYMPHATIC DRAINAGE

This is personalized guided meditation. With a guide, you'll clear chakra one by one. This meditation brings you to a deeper healing state and supports you to feel and clear your chakra, the energy centre of your body system.

60 Minutes | USD 170 Per person++

GROUP SESSION

Crystal Sound Bath | Golden Pyramid Meditation | Chakra Clearing Meditation

30 Minutes | USD 25 Per person++

5-5.30pm | Dhigurah Spa : Tuesday | Wednesday | Friday | Saturday

5-5.30pm | Falhumaafushi : Monday | Thursday

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CLARINS

MASTERING WELLNESS **CHI NEI TSANG & HEALING ARTS BY MARIKO NAKAKI**

Treatment Menu

UNIVERSAL LIFE SESSION

Dedicated to living from the heart and spirit, and creating a beautiful life through universal consciousness. Our goal is to assist you in re-establishing the connection between your body, mind, and spirit. Through this consultation, we aim to support you in shining from your inner self and integrating your universal consciousness into your daily life.

90 Minutes | USD 139 Per person++

BRAINSTEM THERAPY

The Brainstem: The Source of Life By activating the brainstem, we maximize your body's natural healing abilities. This therapy can alleviate headaches, shoulder stiffness, lower back pain, and improve body alignment, fatigue recovery, and anti-aging effects. Additionally, it not only maintains physical health but also helps you achieve your goals, improve human relationships, and enhance your overall quality of life.

60 Minutes | USD 170 Per person++

CRYSTAL SOUND BATH

Sound of crystal bowl vibrate your energy field gently and comfortably. Your mind shift and it support you to achieve deep relaxation state. Due to condition, it vibrates physical layer, emotional layer and spiritual layer. You will feel calm and delighted.

60 Minutes | USD 89 Per person++

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PEARL OF INDIAN OCEAN

23rd December 2024

Immerse yourself in the enchanting allure of the Indian Ocean. This magical evening celebrates the breathtaking beauty and vibrant culture of the Maldives, often referred to as the gem of the ocean. Indulge in a sumptuous feast featuring the freshest seafood and exotic flavours. Join us for an unforgettable night under the stars, where the ocean meets luxury.



Turtle Kids Club, Dhigurah

Holiday Card Making

10 - 11am

Hand Print Art

11 - 12 noon

Kids Tie & Dye *

12 - 1pm

Ohvalhu Gondi

2 - 3pm

Bashi Ball

3 - 4pm

Paper Plate Weaving Craft

4 - 5.30pm

The Dining Room Dhigurah & Falhumaafushi

Maldivian Night

7.00pm - 10.30pm

Cultural Show

7.30pm Onwards



Water Sports & Dive Centre, Dhigurah

Desert Island Excursion *

9.30 - 11.30am



** denotes activities with additional supplement charge.*

MERRY JINGLES

24th December 2024

Celebrate the magic of Christmas with our festive gala dinner. Begin the evening with delightful cocktails at Castaway Island, where the holiday spirit comes alive with festive drinks and breathtaking views. Join us for a night of joyful melodies, festive cheer, and unforgettable culinary delights, creating cherished memories this holiday season.



Turtle Kids Club, Dhigurah

Coconut Painting

10 - 11am

Gingerbread House Decorating *

11 - 1pm

Luau Garland Making

2 - 3pm

Santa's Arrival

3 - 3.15pm

Kids Christmas Party

3.30 - 5.30pm

**The Dining Room
Dhigurah & Falhumaafushi**

**Christmas Gala Dinner
7.30pm - 10.30pm**



**Castaway Island
Management Cocktail
6.00pm - 7.30pm**

**DJ Party
9.30pm onwards**



**Water Sports & Dive Centre,
Dhigurah**

**Dive with Santa *
9.45 - 11.30am**



** denotes activities with additional supplement charge.*

GRAPE ESCAPE

25th December 2024

Embark on a delightful culinary journey with our "Grape Escape" night. At Long Island, indulge in a sophisticated Wine Pairing Dinner, where each course is thoughtfully matched with the perfect wine to enhance your dining experience. Meanwhile, at the dining room, savour an international buffet featuring a diverse array of dishes from around the world.



Turtle Kids Club, Dhigurah

Pirate Craft

10 - 11am

Face Painting

11 - 12 noon

Hand Print Art

12 - 4pm

Origami Boat Making

2 - 3pm

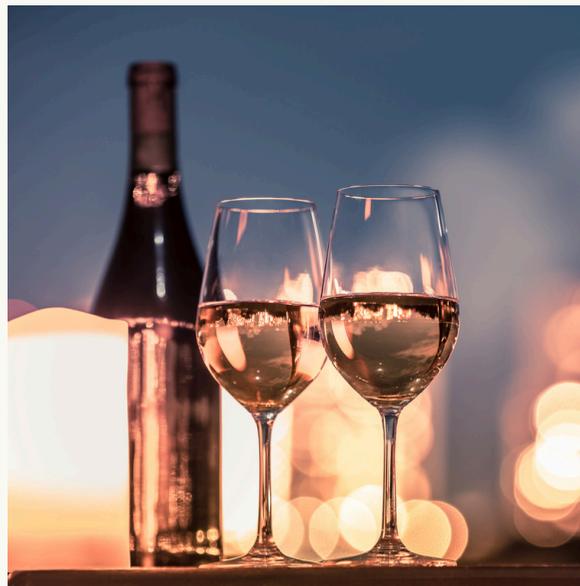
Treasure Hunt

3 - 4pm

Sand Bank Trip *

4- 5.30pm

The Dining Room
Dhigurah & Falhumaafushi
International Buffet
7.00pm - 10.30pm



Beach Bar

Movie Night

6.30pm Onwards

Long Island

Wine Pairing Dinner *

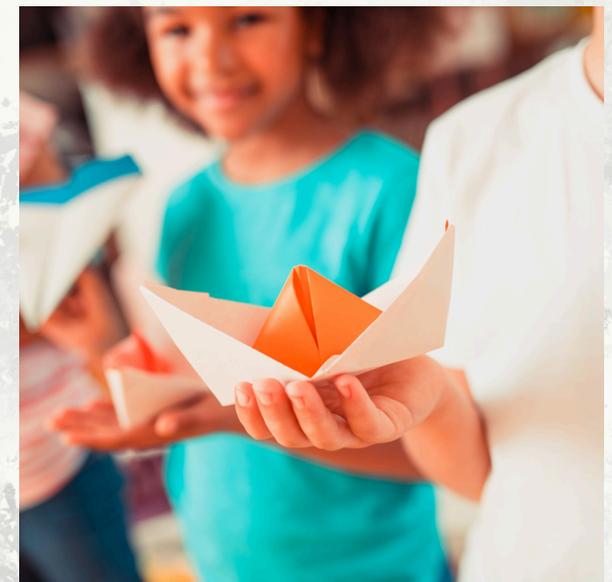
7.00pm- 10.30pm



Water Sports & Dive Centre,
Dhigurah

House Reef Orientation

2 - 2.30pm



** denotes activities with additional supplement charge.*

CAPTAIN'S CATCH

26th December 2024

Dive into an evening of oceanic delights with our "Captain's Catch" night. Savour the freshest seafood at our Sunset Grill, where a tantalizing Seafood BBQ awaits, offering a variety of grilled delicacies caught straight from the sea. Explore the vibrant Night Market at the dining room, featuring an array of culinary treasures inspired by markets around the world.



Turtle Kids Club, Dhigurah

Kids Meditation

10 - 11am

Heena Tattoo *

11 - 1pm

Paper Flower Making

12 - 1pm

Coconut Climbing

2 - 3pm

Paper Plate Craft

3 - 4pm

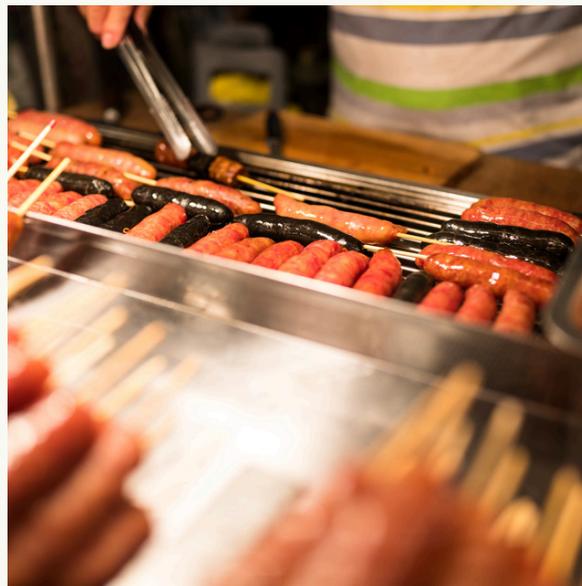
Loom Band Braiding *

4 - 5pm

**The Dining Room
Dhigurah & Falhumaafushi**

Night Market

7.00pm - 10.30pm



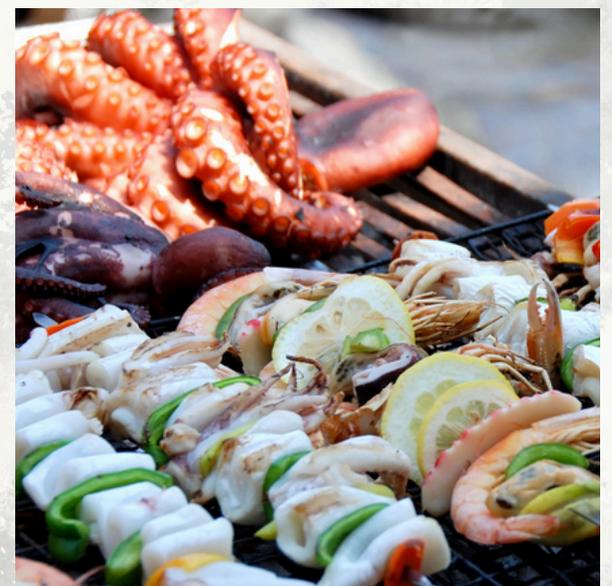
**Sunset Grill,
Falhumafushi**
Seafood Barbeque *
7.00pm - 10.30pm



**Water Sports & Dive Centre,
Dhigurah**

Snorkelling by Dhoni *

2 - 3.30pm



** denotes activities with additional supplement charge.*

MERMAID WONDERLAND

27th December 2024

Step into a world of enchantment with our "Mermaid Wonderland" night. At Falhumaa, delight in an elegant Wine Pairing Dinner, where each course is expertly paired with fine wines to create a magical dining experience. Enjoy a vibrant Caribbean buffet at the dining room, offering a feast of island flavours and tropical delights. Join us for an evening of culinary enchantment and oceanic splendor, where the mystique of mermaids comes to life.



Turtle Kids Club, Dhigurah

Aquarium Designing

10 - 11am

DIY Tshirt Painting *

11 - 12 noon

Sand Painting

12 - 1pm

Shell Jewellery Making

2 - 3pm

Sand Castle Making

3 - 4pm

Kids Kayaking

4- 5pm

**The Dining Room
Dhigurah & Falhumaafushi**

Caribbean Night

7.00pm - 10.30pm



The Falhumaa

Wine Pairing Dinner *

7.00pm - 10.30pm



**Water Sports & Dive Centre,
Dhigurah**

Sunset Dolphin Cruise *

5 - 6.30pm



** denotes activities with additional supplement charge.*

ORIENTAL ENCHANTMENT

28th December 2024

Experience the mystique and elegance of the East with our "Oriental Enchantment" night. This captivating evening invites you to explore the rich flavours and traditions of Oriental cuisine. With enchanting décor inspired by Eastern culture, this night promises a sensory journey through the Orient. Join us for an unforgettable evening of exotic tastes and cultural wonders.



The Dining Room
Dhigurah & Falhumaafushi

Asian Night
7.00pm - 10.30pm



Turtle Kids Club, Dhigurah

Gaming Time

10 - 11am

Popsicle Art

11 - 12 noon

Picture Frame Making *

12- 1pm

Mask Making

2 - 3pm

Little Gardener

3 - 4pm

Budding Bartenders *

4- 5pm

Water Sports & Dive Centre,
Dhigurah

Bottom Line Fishing *

5.30 - 7pm



** denotes activities with additional supplement charge.*

SEASIDE SYMPHONY

29th December 2024

Witness a harmonious blend of flavours and coastal charm with our "Seaside Symphony". At Café Del Sol, indulge in a mouthwatering Seafood BBQ featuring the freshest catch grilled to perfection against the backdrop of the setting sun. Meanwhile, at the dining room, savour the vibrant and diverse tastes of Mediterranean cuisine, with an array of dishes that celebrate the culinary traditions of the Mediterranean coast.



Turtle Kids Club, Dhigurah

Kids Zumba

10 - 11am

Little Chef - Pizza Class *

11 - 1pm

Recycled Craft

12 - 1pm

Marshmallow Roasting

2 - 3pm

Rainbow Craft

3 - 4pm

Kids Bonfire Barbeque *

4- 5pm

The Dining Room
Dhigurah & Falhumaafushi

Mediterranean Night

7.00pm- 10.30pm



Cafe Del Sol

Seafood Barbeque *

7.00pm- 10.30pm



Water Sports & Dive Centre,
Dhigurah

Sunset Dolphin Cruise *

5 - 6.30pm



** denotes activities with additional supplement charge.*

MAGELLAN'S SERIES

30th December 2024

Embark on an adventure with our "Magellan's Series", inspired by the spirit of exploration and discovery. Dive into fun at the Beach Club's Pool Splash Party, where you can enjoy lively music, refreshing drinks, and water games in a vibrant atmosphere. Treat your taste buds to a sumptuous international buffet at the dining room, offering a world of flavours and culinary delights from every corner of the globe. **End your day with scenic view of the clear sky.**



Turtle Kids Club, Dhigurah

Kids Yoga

10 - 11am

Sand Art in a Bottle

11 - 12 noon

Lego Playtime

12 - 1pm

Pineapple Collage

2 - 3pm

Play Dough Craft

3 - 4pm

Turtle Tshirt Painting *

4- 5pm

**The Dining Room
Dhigurah & Falhumaafushi**

International Buffet

7.00pm - 10.30pm



Beach Club

Pool Splash Party

4.00pm onwards

Beach Bar

Movie Night

6.30pm onwards



**Water Sports & Dive Centre,
Dhigurah**

Starry Night Cruise *

8 - 9pm



**denotes activities with additional supplement charge.*

SPIRIT, SPARKLES & SHINE

31st December 2024

Join us for a glamorous evening of celebration with our "Spirits, Sparkle & Shine" gala dinner. Begin your night with sophisticated cocktails at Castaway Island, where you can enjoy exquisite drinks and stunning views. Indulge in an extravagant buffet at the dining room, featuring a lavish spread of gourmet dishes and decadent desserts. This enchanting night promises elegance, indulgence, and unforgettable moments under the stars.



Turtle Kids Club, Dhigurah

Spicy Craft

10 - 11am

DIY Tshirt Painting *

11 - 1pm

Jenga Challenge

2 - 3pm

Kids New Year Party

3.30 - 5.30pm

**The Dining Room
Dhigurah & Falhumaafushi**

Gala Dinner

7.30pm - 10.30pm



Castaway Island

Management Cocktail

6.30pm - 8.00pm

DJ Party & New Year Countdown

10.00pm onwards



**Water Sports & Dive Centre,
Dhigurah**

Local Island Excursion *

9.30 - 11.30am



** denotes activities with additional supplement charge.*

PEARL OF INDIAN OCEAN

01st January 2025

Immerse yourself in the enchanting allure of the Indian Ocean. This magical evening celebrates the breathtaking beauty and vibrant culture of the Maldives, often referred to as the gem of the ocean. Indulge in a sumptuous feast featuring the freshest seafood and exotic flavours. Join us for an unforgettable night under the stars, where the ocean meets luxury.



Turtle Kids Club, Dhigurah

Nature Craft

10 - 11am

Cupcake Making Class *

11 - 12 noon

Table Tennis Hour

12 - 1pm

Birdfeeder Making

2 - 3pm

Palm Leaf Weaving

3 - 4pm

Movie Time

4- 5pm

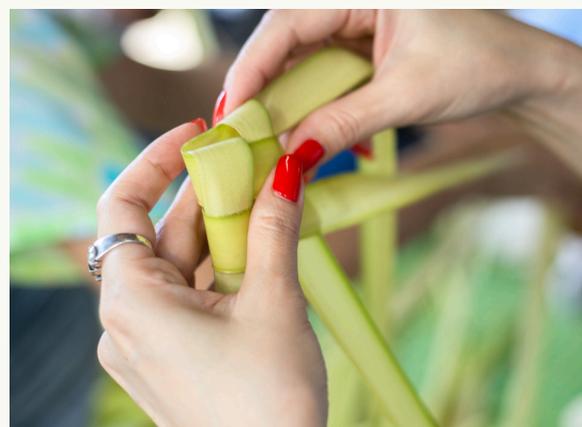
**The Dining Room
Dhigurah & Falhumaafushi**

Maldivian Night

7.00pm- 10.30pm

Cultural Show

7.30pm Onwards



**Water Sports & Dive Centre,
Dhigurah**

New Year Dive *

1.45 - 4pm



** denotes activities with additional supplement charge.*

CAPTAIN'S CATCH

02nd January 2025

Dive into an evening of oceanic delights with our "Captain's Catch" night. Savour the freshest seafood at our Sunset Grill, where a tantalizing Seafood BBQ awaits, offering a variety of grilled delicacies caught straight from the sea. Explore the vibrant Night Market at the dining room, featuring an array of culinary treasures inspired by markets around the world.



Turtle Kids Club, Dhigurah

Flower & Leaf Craft

10 - 11am

Fruit Carving

11 - 1pm

Draw & Tell

2 - 3pm

Henna Tatoo *

3 - 4pm

Kite Flying *

4 - 5.30pm

**The Dining Room
Dhigurah & Falhumaafushi**

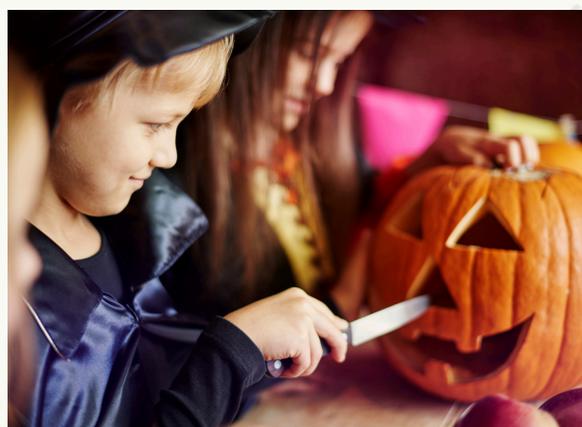
**Night Market
7.00pm - 10.30pm**



Sunset Grill

Seafood Barbeque *

7.00pm - 10.30pm



**Water Sports & Dive Centre,
Dhigurah**

Sunset Dolphin Cruise *

5 - 6.30pm



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THE RESIDENCE
MALDIVES

by *Cenizaro*[®]

THE RESIDENCE MALDIVES

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