

THE RESIDENCE

BINTAN

by *Cenizaro*[®]

THE RESIDENCE BINTAN SPA MENU

By *ila*

Consciousness is born from learning 'to be' rather than 'to do'. We are human beings not human doings, yet life pulls in so many directions we become disconnected from our inherent vitality and positive energy.

BE STILL

To Stop, Balance and Re-Focus

SIGNATURE

Stillness Blessing 120Min	IDR 1,600'
<ul style="list-style-type: none">• Smoke Ritual for purification• Silent Ritual with Singing Bowl• Body Scrub• Ku-Nye Massage with Hot Pack & Cold Pack	
Relax 120Min	IDR 1,600'
<ul style="list-style-type: none">• Body Scrub• Balinese Massage• Express Facial	
Sleep 120Min	IDR 1,600'
<ul style="list-style-type: none">• Body Scrub• Kundalini massage• Express Facial	
Element / Ku-Nye Massage 60/90Min	IDR 900 / IDR 1,300'
<i>Enjoy your Massage in your Villa with surcharge apply</i>	IDR 350'
Warmth / Potali Massage 90Min	IDR 1,400'
<ul style="list-style-type: none">• Body Scrub• Warmth Potali Massage	
De-Stress / Ku-Nye Facial 60Min	IDR 800'
<ul style="list-style-type: none">• Cleanser-Scrub-Toner-Face Massage-Face Mask-Ku Nye Face Application	
Jewel / Amethyst & Jasmine Body Scrub 30/60Min	IDR 400' / IDR 700'

*All rates are quoted in IDR and subject to 11% prevailing government tax and 10% service charge
Displayed in denomination of 1000s and 1 SGD = 10.000 IDR*

BE HAPPY

Self Re-Connection and Restoration

SIGNATURE

Together/Couple Connect 120Min	IDR 3,000'
<ul style="list-style-type: none">• Body Scrub• Prana Vitality Massage• Express Facial• Pouring Oil on the third Eye• Couple Connect Ritual Ceremony (Exchange the Bracelet)	
Re-Connection Blessing 120Min	IDR 1,600'
<ul style="list-style-type: none">• Body Scrub• Silent Ritual with Singing Bowl• Anahata Massage	
Desire Blessing 120Min	IDR 1,600'
<ul style="list-style-type: none">• Body Scrub• Silent Ritual with Singing Bowl• Swadistana Massage included Hot & Cold Pack for Strengthen Vitality Organ	
Ladies/Feminine Spirit 120Min	IDR 1,600'
<ul style="list-style-type: none">• Body Scrub• Anahata Massage included Hot & Cold Pack for Strengthen Woman Fertility	
Gentlement/Men's Vigor Vitality 120Min	IDR 1,600'
<ul style="list-style-type: none">• Body Scrub• Ku-Nye Massage included Hot & Cold Pack for Strengthen Kidney System	
Mother/New Nurturing Life 90Min	IDR 1,300'
<ul style="list-style-type: none">• Body Scrub• Prana Massage	
Radiance Facial 60Min	IDR 800'
<ul style="list-style-type: none">• Cleanser-Scrub-Toner-Massage focused on Marma Point- Mask-Day/Night Cream	
Exam Detox Facial (For Junior) 45Min	IDR 600'
<ul style="list-style-type: none">• Cleanser-Toner-Face Massage-Revitalizing Mask-Face Oil Application	
Blissful Body Scrub 30/60Min	IDR 400' / IDR 700'

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BE VITAL

To Detox, Re-Boot, Re-Energise

SIGNATURE

Manipura Blessing 120Min	IDR 1,600'
<ul style="list-style-type: none">• Body Scrub• Silent Ritual with Singing Bowl• Manipura Massage concentrated on Stomach Area	
Alive/Prana Vitality Massage 60Min	IDR 900'
Depth/Karuna-Kaya Massage 90Min	IDR 1,400'
Balinese Massage 60/90Min	IDR 900' / IDR 1,300'
<i>Enjoy your Massage in your Villa with surcharge apply</i>	IDR 350'
Revive/Energizing & Detoxifying Body Scrub 30/60Min	IDR 400' / IDR 700'
Detox/Marine Flora Body Scrub 30/60Min	IDR 400' / IDR 700'
Pearl & Jasmine Amethyst Body Treatment 90Min	IDR 1,200'
<ul style="list-style-type: none">• Body Scrub• Body Wrap• Body Lotion Application	
Detoxifying/Marine Flora Body Treatment 90Min	IDR 1,200'
<ul style="list-style-type: none">• Body Scrub• Body Wrap• Body Lotion Application	
Advance Youth/Gold Cellular Age Restore Face Therapy 90Min	IDR 1,200'
<ul style="list-style-type: none">• Back Massage• Face Cleanser-Scrub-Toner-Face Massage-Mask-Sonic Wave Therapy	
Renewed Face Therapy 60Min	IDR 800'
<ul style="list-style-type: none">• Face Cleanser-Scrub-Toner-Lymphatic Face Massage-Mask-Toner-Eye Serum-Face Serum- Day/Night Cream	
Men's Vitality Face Therapy 60Min	IDR 800'
<ul style="list-style-type: none">• Face Cleanser-Scrub-Toner-Face Massage-Mask-Toner-Men's Face Oil	

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BE FREE

The Last Steps and Be Ready to take on the world

SIGNATURE

Visudha Blessing 120Min	IDR 1,600'
<ul style="list-style-type: none">• Smoking Ritual Focused on Throat Area• Body Scrub• Body lotion Application• Silent Ritual with Singing Bowl• Visudha Face Therapy	
Total Balance/Chakra Well Being 120Min	IDR 1,600'
<ul style="list-style-type: none">• EO Blending accordingly guest chakras consultation card• Body Scrub• Kundalini Back Massage• Express Facial• Pouring Oil on the Third Eye	
Resonate 150Min	IDR 1,800'
<ul style="list-style-type: none">• Pearl & Jasmine Amethyst Body Scrub• Pearl & Jasmine Amethyst Body Wrap• Balinese Massage• Singing Bowl	
Thai Massage 90Min	IDR 1,500'
Deep Tissue Massage 60/90Min	IDR 1,000' / IDR 1,400'
Foot Massage 30Min	IDR 300'
Foot Reflexology 60Min	IDR 600'
<i>Enjoy your Massage in your Villa with surcharge apply</i>	IDR 350'

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